

CLASS OF 2024

Outstanding Graduate



EMILY YOUNG

College of Health, Education and Social Transformation

Emily Young will graduate with a bachelor's in kinesiology with a GPA of 3.99.

Growing up in Carlsbad, NM, Emily knew she wanted to stay in New Mexico or Texas for college, and the outstanding scholarship package she received from NMSU solidified her decision.

“God led me to NMSU’s kinesiology program to show me how to truly care for His people, physically and spiritually.”

Emily was inspired to pursue kinesiology and a career in athletic training after experiencing a lack of proper care for injuries she sustained as a high school cross country and track athlete. One of her proudest accomplishments is maintaining straight As throughout her time at NMSU: “It was difficult, but the Lord provided me the strength and endurance to focus on my academics.”

Her other proudest accomplishment was ardently pursuing and consequently receiving an athletic training internship at Las Cruces High School that is ordinarily reserved for a graduate student. “I got to work with the fall athletes from the time of their injury. I loved being part of the whole process of building a relationship through rehab and getting them back to playing the sport that they love.”

Emily’s faith is the cornerstone of her daily life. In 2022, she spent two months traveling across New Mexico, passing out food and water to unhoused individuals in Albuquerque and helping with church renovations and children’s camps in small communities. The next year, she traveled to Southeast Asia where she supported worship services and connected with the faith community. She also demonstrated strong leadership in her three years with NMSU Christian Challenge before becoming president. She now works as the student ministry assistant at Calvary Baptist, also volunteering to lead Bible study, prayer groups, and plan events.

After graduation, Emily will work at NMSU Christian Challenge before returning for a master’s degree in athletic training. She hopes to continue to work with high school athletes “and be the safe space they can come to for proper and effective care and help with the physical and social things happening in their lives.” ▲